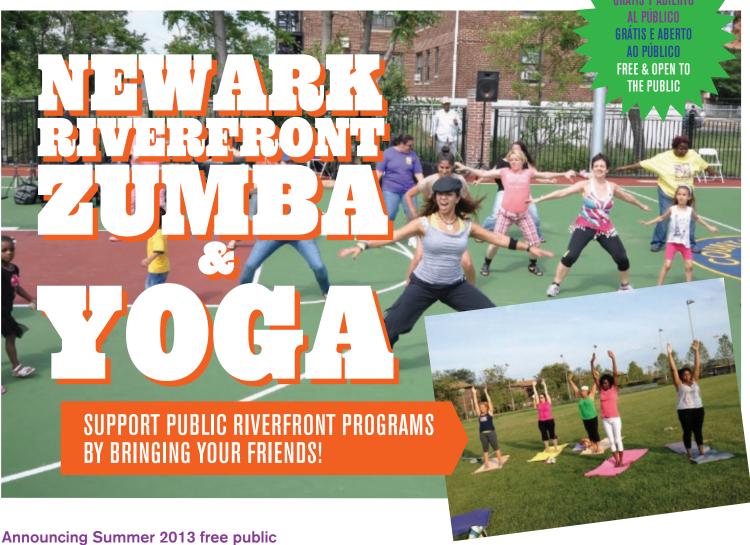
Yoga! Monday nights, 6-7 pm July 8, 15, 22, 29 Aug 5, 12, 19, 26

Zumba! Tuesday nights, 6-7 pm July 9, 16, 23, 30 Aug 6, 13, 20, 27 Essex County Riverfront Park
M1 bus to Ferry & Chrystie Streets, then walk 2
blocks north. Enter park at Raymond Blvd and
Brill St and walk to right towards the river.



Announcing Summer 2013 free public exercise classes in Essex County Riverfront Park.

Beginning Monday, July 8, and continuing through July and August, free yoga classes will be offered every Monday and free Zumba sessions will be offered every Tuesday.

Both classes take place in the Meadow, reached by entering the park at Raymond and Brill and walking to the right towards the river. Participants should arrive 15 minutes before class begins, and yoga participants should bring a mat or blanket.

For more information (973) 733-3917 newarkriverfront@gmail.com www.newarksriver.wordpress.com







Friends of Riverfront Park



